



CASE STUDY

How One Integrative Medicine Physician Reduced Documentation Time by 80% and Doubled Patient Encounters



Meet Dr. Alessandra Clark — Integrative Medicine Physician

Dr. Alessandra Clark is a board-certified family medicine physician and DO practicing integrative medicine in Tucson, Arizona. The founder of a single-provider practice, Dr. Clark is known for building long-term relationships with her patients, deeply understanding their goals, values, and desires, and collaborating on treatment plans that reflect a true partnership. Her approach prioritizes presence and attentiveness, qualities that made efficient documentation not just a preference, but a necessity.



Practice Overview

Dr. Clark runs a solo integrative medicine practice in Tucson, Arizona, where she sees patients with a wide range of complex, often chronic conditions. Her care philosophy centers on whole-person medicine: spending meaningful time with each patient, understanding the full context of their health, and building individualized care plans together. As her patient panel grew, so did the demand on her time, particularly around clinical documentation, which was pulling her attention away from the very interactions that define her practice.



The Challenge

For Dr. Clark, documentation had long been the biggest obstacle in her workflow. The tension was deeply felt. She wanted to be fully present with her patients, but keeping up with thorough note-taking during visits made that nearly impossible.

“Documentation was always the biggest struggle for me. What I was trying to do is be there with my patients and listen to them—but I’m trying to use that other part of my brain to either rapidly type what little notes I can, or trying to be acting as a medical transcriptionist at the same time where I’m doctoring, and it just does not work.”

With other ambient scribe tools, she found that accuracy was inconsistent, and post-visit catch-up still consumed hours of her day. Dr. Clark knew she needed a higher-quality solution—one that could keep pace with the level of detail her patient encounters demanded.



Why Dr. Clark Chose DrChrono

When Dr. Clark heard about DrChrono's AI-powered ambient documentation tool, EverHealth Scribe, she immediately volunteered as a tester. Years of wrestling with documentation inefficiency had given her a clear picture of what she needed: something genuinely accurate, unobtrusive, and capable of capturing the intricate detail that defines her visits, especially with older adult patients who bring years of medical history to every appointment.

The Impact

The results exceeded Dr. Clark's expectations.

"Honestly, [EverHealth Scribe] is better than I could have imagined it. It's just unbelievable."

With the EverHealth Scribe handling documentation, Dr. Clark can now be fully present during appointments, listening, connecting, and practicing medicine the way she always intended. Post-visit, she spends roughly 10–15 minutes reviewing and finalizing notes, confident that the detail she needs is already captured.

Reclaimed Time and Efficiency

The time savings have been dramatic. Dr. Clark estimates a ***75–85% reduction in documentation time since implementing EverHealth Scribe—a figure that has transformed her daily workflow and her capacity to grow.***

"The amount of time saving—somewhere around 75 to 85% reduction in my time. It's just been unbelievable."



Stronger Patient Relationships

The shift has also deepened her connection with patients. Without the cognitive burden of simultaneous note taking, Dr. Clark approaches each visit with a calmer, more focused mind and leaves with greater confidence that nothing was missed.

"I think I've always been very close to my patients, but it's helped my relationships even more. I'm able to walk out of the visit knowing that I have what I need."

Practice Growth

The efficiency gains have translated directly into growth. Dr. Clark has been able to roughly double her patient encounters since implementing EverHealth Scribe, without adding staff or compromising the quality of care her practice is known for.



"I've probably doubled the number of patient encounters, which is like double income. And I'm considering whether I could actually hire at some point. I think [EverHealth Scribe] is 90, 100 bucks a month—you could not have a better return on your investment."

Dr. Alessandra Clark
Integrative Medicine Physician



Technology in Service of Better Medicine

For Dr. Alessandra Clark, EverHealth Scribe hasn't just solved a workflow problem—it's restored the kind of patient-centered practice she set out to build. Documentation no longer competes with care. Her time is her own again, her relationships with patients are stronger, and her practice is positioned to grow sustainably.

For independent physicians who prize the quality of their patient interactions above all else, DrChrono offers something rare: a tool that makes excellent medicine easier to deliver.

[Learn More](#) About How DrChrono Uses AI to Unlock Practice Efficiencies

